

## **Topic: Family life Education**

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### **Meaning of family life Education**

Family life Education is the form of educating the family member on important and general issues needed for the development of their personal and general life.

It also refers to what young people or adolescents should know about their sexual activity and reproductive health. The need for educating young mind is necessary cause lack of education results into danger for the young ones who are ignorant.

### **Sex Education**

Sex education is the process of acquiring the necessary knowledge and information about the changes that occur in the body. These changes are physiological changes that occurs as a result of growth and development.

Sex education is related to the sex organs, their function, uses and abuse of the sexual part of the body.

Sex Education is very important, it provides knowledge, information and understanding on how the youths, adolescents and adults can handle sexual problems.

In teaching sex Education, there are some basic facts about human nature that is needed the students must know, which are some of the changes which are noticed and they are as follows  
Girls

- They start menstruation
- Development of big breast
- Pimples appear on the face
- Pubic hair grows around genitals

### **Boys**

- The testes contain live sperm or semen which is capable of fertilizing the egg produced by the girl
- Pubic hair grows around the genitals

- The voice begins to break and become deep like a man's own.

### **The importance of Sex Education**

Sex Education is important for the following reasons:

- It helps every individual to know that human body should not be misused
- The knowledge of sex education assist individual to appreciate God's purpose
- It makes children aware of the true meaning of life and decent living
- It enlightens everyone the danger involve in sexual indiscipline
- It will help to prevent unwanted pregnancies, sexually transmitted disease, abortion etc
- Sex education increases the level of understanding and awareness of the problems associated with human growth and development.
- It stimulates healthy interaction between the opposite sex i.e reducing the rate of sexual immorality

### **Agents of Sex Education**

Agents of sex education are those who are liable and more knowledgeable to teach impart the young ones about Sex.

- Parents/ guardian
- Teachers
- Religious leaders

### **Problems associated with Census In Nigeria**

1. High Level of Illiteracy: As a result of illiteracy, it has become quite difficult to conduct a successful population census as these people do not give relevant, accurate and useful statistics.
2. Political Problem: Since population census is used in many countries to allocate resources to component states, population figures are usually falsified to enable some state gain more resources than others.
3. High Cost: A lot of money is required to conduct population census. West African countries are poor and do not have enough money to conduct a successful population census.
4. Geographical Barriers: Most communities are inaccessible due to mountains, valleys, hills and rivers surrounding them. This makes conducting the census difficult.

5. Lack of Trained Personnel: Trained Personnel like demographers are not easily available hence the use of untrained persons who do not really have information on how a population census is conducted and this leads to inaccurate results.
6. Religious Beliefs: This is a major problem in some areas during census. Muslim women that are in Purdah are not to be seen by men, such people might not be counted during this process.
7. Tax Evasion: As a result of high level of ignorance and illiteracy, people often give fake and false information during census.